

Highlights of PurePea™

- Hypoallergenic
- Non-GMO (not genetically modified)
- Grain-free
- Gluten-free
- Dairy-free
- Soy-free
- Fructose-free

PurePea™ may benefit:

- Athletes/bodybuilders sensitive to whey
- Vegetarians/vegans
- People with dairy allergies/lactose intolerance
- Those seeking to improve cholesterol levels

PurePea™ is a natural **pea protein isolate** that's delicious and very easy to digest. Made from North American grown yellow peas, PurePea™ contains no dairy, making it ideal for even the strictest vegetarians. And, it is produced with a natural fermentation process which uses no chemical solvents.

Hypoallergenic

PurePea™ is a safe alternative for people with allergies to milk and milk products who must avoid casein or whey proteins, and for those with lactose intolerance.

Clear Advantages Over Soy

- Easy to absorb - does not contain anti-nutritional factors such as phytates and tannins that are found in soy which can inhibit absorption of minerals such as iron, zinc, and calcium. Vegan diets are also known to be high in phytates.
- Soy is known to have estrogenic effects that are not always desired. Pea protein contains low levels of isoflavones (estrogen-like compounds), minimizing possible estrogenic effects.

PurePea™ for athletes

For athletes and bodybuilders who cannot tolerate whey protein, PurePea™ is a great choice. It contains a well-balanced amino acid profile, close to that of whey protein. Its excellent array of these building blocks of protein, including high levels of BCAAs (branched chain amino acids), makes it a great protein source for athletes and anyone who is physically active. PurePea™ is excellent to use before, during, and after exercise, as adequate intake of protein, in particular BCAAs, helps to promote muscle growth and repair, particularly after strenuous resistance training.

PurePea™ is available in unflavored and a natural vanilla flavor. Vanilla PurePea™ is sweetened with the natural herb stevia.

PurePea™ Unflavored/Unsweetened

Supplement Facts

Serving Size 30 grams (approx. two heaping scoops)

Servings Per Container 15

Amount Per Serving		% Daily Value
Calories	130	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Sodium	300 mg	13%
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%
Sugars	0 g	†
Protein (from pea)	24 g	48%*
Calcium (from pea protein and natural vanilla flavor)	40 mg	4%
Iron (from pea protein)	7 mg	39%

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Silicon dioxide.

Typical Amino Acid Profile	grams/30 gram Serving	Typical Amino Acid Profile	grams/30 gram Serving
Alanine	1.0 g	Lysine	1.9 g
Arginine	2.0 g	Methionine	0.2 g
Aspartic acid	2.1 g	Phenylalanine	1.2 g
Cysteine	0.2 g	Proline	1.2 g
Glutamic acid	3.8 g	Serine	1.1 g
Glycine	0.9 g	Threonine	0.8 g
Histidine	0.5 g	Tyrosine	0.9 g
Isoleucine	1.0 g	Tryptophan	0.2 g
Leucine	1.9 g	Valine	1.2 g

PurePea™ Natural Vanilla Flavor

Supplement Facts

Serving Size 30 grams (approx. two heaping scoops)

Servings Per Container 15

Amount Per Serving		% Daily Value
Calories	125	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Sodium	260 mg	11%
Total Carbohydrate	5 g	2%*
Dietary Fiber	1 g	4%
Sugars	2 g	†
Protein (from Peatein™)	20 g	40%*
Calcium (from Peatein™ and natural vanilla flavor)	35 mg	4%
Iron (from Peatein™)	6 mg	33%

*Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Natural vanilla flavor, certified organic stevia leaf extract powder.

Typical Amino Acid Profile	grams/30 gram Serving	Typical Amino Acid Profile	grams/30 gram Serving
Alanine	0.8 g	Lysine	1.6 g
Arginine	1.7 g	Methionine	0.2 g
Aspartic acid	2.3 g	Phenylalanine	1.1 g
Cysteine	0.2 g	Proline	1.0 g
Glutamic acid	3.3 g	Serine	1.0 g
Glycine	0.8 g	Threonine	0.7 g
Histidine	0.5 g	Tyrosine	0.8 g
Isoleucine	0.9 g	Tryptophan	0.2 g
Leucine	1.7 g	Valine	1.0 g



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